



Lent: Living as Followers of Jesus Today

YEAR 4 – UNIT G

LESSON 1: TUESDAY 23RD FEBRUARY 2021



Let us begin with a prayer for Lent:

*Heavenly Father,
Thank you that you are a generous God and
that you give us so many good things.
We are sorry that we are not always generous
with others.
Please help us this week to be kind, to do our
very best, and to be generous when we are
helping others.
Amen.*

Lent

In this topic we will be exploring the customs and celebrations associated with the celebration of the season of Lent. We will learn about prayer, fasting and almsgiving and the forgiveness God offers to those who believe in him.



The Temptations of Jesus: Matthew 4:1-11

Jesus Is Tested in the Wilderness

⁴ Then Jesus was led by the Spirit into the wilderness to be tempted^[a] by the devil. ² After fasting forty days and forty nights, he was hungry. ³ The tempter came to him and said, "If you are the Son of God, tell these stones to become bread."

⁴ Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'^[b]"

⁵ Then the devil took him to the holy city and had him stand on the highest point of the temple. ⁶ "If you are the Son of God," he said, "throw yourself down. For it is written: "He will command his angels concerning you, and they will lift you up in their hands, so that you will not strike your foot against a stone.'^[c]"

⁷ Jesus answered him, "It is also written: 'Do not put the Lord your God to the test.'^[d]"

⁸ Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor. ⁹ "All this I will give you," he said, "if you will bow down and worship me."

¹⁰ Jesus said to him, "Away from me, Satan! For it is written: 'Worship the Lord your God, and serve him only.'^[e]"

¹¹ Then the devil left him, and angels came and attended him.



Think about...

What does it mean to be tempted?
Have you ever been tempted by something?

Look back at the story, find the 3 ways in which the devil tried to tempt Jesus..

Jesus resisted temptation. What do you think this says about Jesus. Think of some words to describe him..
For example; strong

Summary

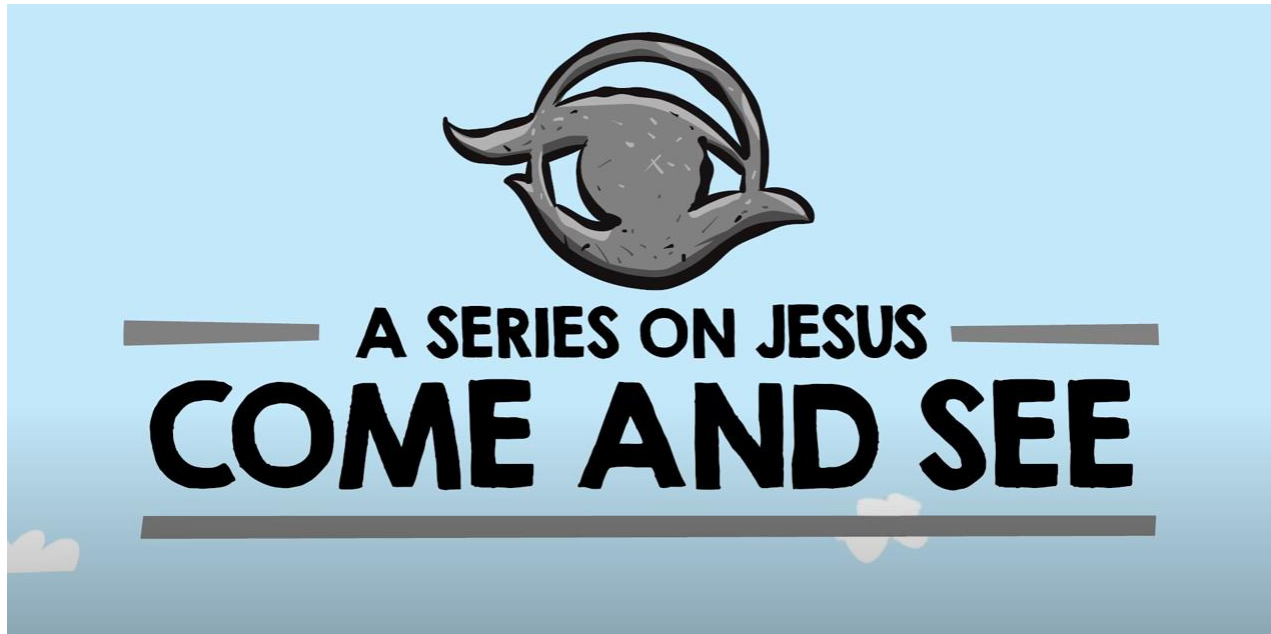
The spirit led Jesus into the desert to be tempted by the Devil. After forty days and nights without food, Jesus was hungry.

1. The Devil tempted Jesus to turn stones into bread, to which he replied "Human beings cannot live on bread alone, but need every word God speaks."
 2. The second temptation was for Jesus to throw himself from the highest point of the temple and order angels to catch him. Jesus replied "Do not put the Lord your God to the test."
 3. Finally, the Devil offered Jesus all the kingdoms of the world in return for worshipping him. Jesus replied "Worship the Lord your God and serve only him!"
- The Devil left Jesus and angels came and helped him.



Watch the video clip of the story:

<https://www.youtube.com/watch?v=mc-x4qKY6Wc&safe=true>



Task 1: Write a diary entry from Jesus about your time in the dessert.

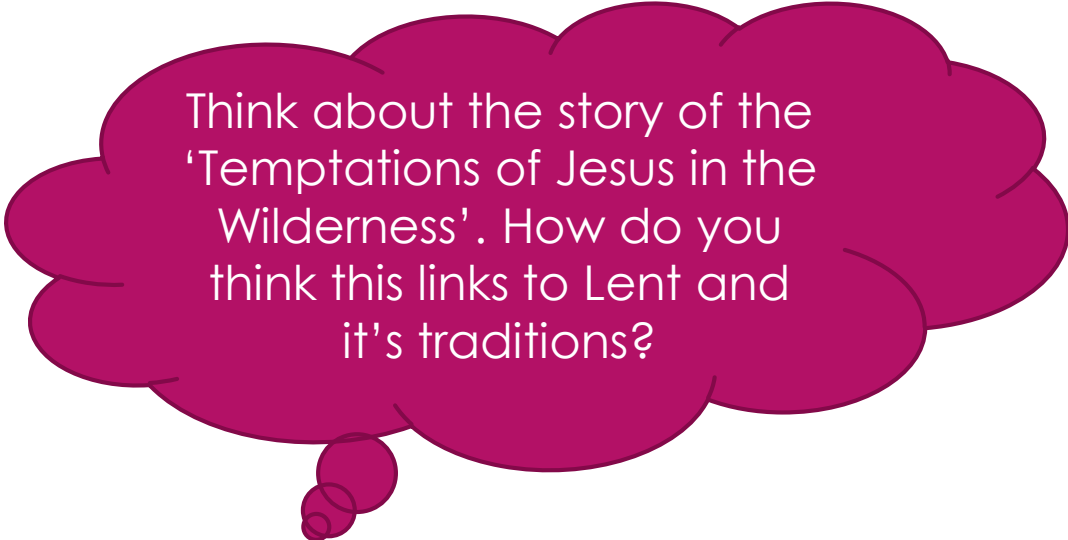
Remember to include:

- Emotions, how were you feeling
- Dialogue, what was said between you and the devil?

Lent

Lent, in the Christian tradition, is a period of about six weeks before Easter. It is a time in which Christians are supposed to be quiet and thoughtful, preparing themselves for Easter. They should pray a lot, give money to charities and give up some of the things they might otherwise do for pleasure.

Lent is 40 days long (not including Sundays). Traditionally people fasted for these 40 days, giving up certain foods and drinks.



Think about the story of the 'Temptations of Jesus in the Wilderness'. How do you think this links to Lent and its traditions?

Lent began last week on Ash Wednesday, the 17th February.

The day before Ash Wednesday is Shrove Tuesday, also known as 'Pancake day'.

Pancake Day, or Shrove Tuesday, is the traditional feast day before the start of Lent on **Ash** Wednesday. Lent – the 40 days leading up to Easter – was traditionally a time of fasting and on Shrove Tuesday, Anglo-Saxon Christians went to confession and were “shriven” (absolved from their sins). They would then prepare for fasting the next day by eating what they had left in their cupboards, typically in those days simple foods like flour, eggs and milk. Now we use these ingredients to mark shrove Tuesday by making pancakes.



Lent is a time of Prayer, fasting and giving.

Lent is a time when we can give to the poor. Think what you could give during Lent, maybe food to a local foodbank..



Task 2: With your family make a pledge to give something back during Lent. It does not always have to be giving money, it could be having a sort out for a local charity, doing a good deed....